

October is Domestic Violence Awareness Month!

Turning Points Network

Preventing Violence
Promoting Respect
Strengthening Lives

Newsletter Update

That's right! You've read it correctly! There's been a switch in gears and Turning Points Network is happy to be sending you **monthly newsletters!** Your time is important and sometimes you just don't have the time to read the handful of updates and articles we used to send every three months, so we're switching it up! These new-newsletters will be an abbreviated, typically single-topic, informative article. In addition to the article, keep an eye open for the upcoming events segment. No need to set aside a big chunk of your valued time, the new newsletters will be quick and satisfying reads.

[Visit Our Website](#)

Domestic Violence Awareness Month



It seems there is a celebratory day, awareness month or week for recognizing nearly anything you could think of. Some are very worthwhile reasons to celebrate, some make us giggle and some catalyze solid reflections on social issues. October happens to be Domestic Violence Awareness Month and Turning Points Network thinks it's a great time to reflect, start the conversation and spread awareness.

Remember that domestic violence does not discriminate; both women and men can be either the victim or perpetrator of domestic violence. Domestic violence can happen in any relationship, affecting not only adults, but teens and older adults as well. This is happening in all neighborhoods, and can happen to anyone, regardless of gender, race, ethnicity, sexual orientation, income, or other factors. 1 in 4 women and 1 in 7 men are victims of domestic violence. In the United States, nearly 20 people per minute are physically abused by their intimate partners. These numbers are staggering and unfortunately, not shrinking. **Violence, in all forms, thrives in silence, so let's start talking about it!** What better time than October, a month dedicated to spreading awareness.

Domestic Violence is a pattern of behavior used to establish power and control over another person through intimidation and/or fear. Domestic violence often includes the threat or use of violence, however, this doesn't mean physical abuse is evident in every abusive relationship. In fact, emotional, verbal, sexual, and financial abuse, among other forms, are equally as

damaging to a victim or survivor as physical abuse. Additionally, many of these forms of abuse co-occur in an abusive relationship.

As we embark on this Domestic Violence Awareness Month, consider taking a deeper look at your community. What are the community, existing organizations and other businesses or groups doing to combat this traumatic and potentially lethal problem? Turning Points Network provides training for community groups, businesses, faith communities, and other individuals interested in learning more about the issues and your local resources. Visit our website, find us on Facebook, or give us a call!

It's time to act! There are lots of ways to spread awareness this coming month and beyond! Consider scheduling a staff training, attend a volunteer training at TPN, reach out to a friend or loved one, share an article from TPN's Facebook page, or wear purple (the awareness color for domestic violence) and tell others why!

Upcoming Events

This October, Turning Points Network is partnering with local businesses to offer practical, immediate ways to help prevent violence and support survivors of violence. Plan to "Shop for Safety" at Hannaford Supermarket and Shop Purple For Prevention at Hubert's Family Outfitters in Newport and Claremont, and Changes Thrift Store in Claremont. Both events run during regular store hours from **Tuesday, October 13-Tuesday, October 20.**



Shop For Safety: When you're shopping at Hannaford, look for the Shop For Safety wish list and tags around the store. Add a few items to your cart, then leave them in the designated bin. Everything you purchase goes straight to TPN's emergency shelter.

Shop Purple for Prevention: Hubert's Family Outfitters (Newport and Claremont stores) and Changes Thrift Store in Claremont will offer a 10% discount for any items purchased that include the color purple. A portion of the proceeds on purple items will come directly to TPN to support our violence prevention education programs for local youth.

Health Cares about Domestic Violence Day: A nationally recognized day on **Wednesday, October 14th.** This awareness-raising day aims to reach members of the healthcare community by educating them about the critical importance of domestic violence screening. Keep an eye open in health centers for our information or contact our office if you are interested in learning more or acquiring materials for the day! Don't forget TPN provides training for service providers, healthcare workers and community groups throughout the year!

STAY CONNECTED:

